

NAME: _____

TROOP#: _____

Snow Sports (Snowboarding) answer sheet (Part 2)

c. Explain the different binding methods and why they are used. Explain the need for leashes. (Pg 65-67)

d. What exercises and activities can you do to get fit for snowboarding?

e. Explain how to ride three types of lifts. (Pg 75,76)

f. Explain the international trail-marking system. (Identify the three major signs.) (Pg29)

g. Explain the importance of waxing a snowboard. List the major steps in waxing.
(Pg 70-72)

m. Name the major snowboarding organizations in the United States and explain their functions. (Pg 91)