

SKIING WRITTEN TEST 2009

All page references refer to the "Snow Sports" merit badge book. BSA, 2007 Edition

- 1.) Discuss winter sports safety, and show that you know first aid for injuries or illnesses that could occur while skiing, including hypothermia, shock, dehydration, sunburn, fractures, bruises, sprains, and strains. Tell how to apply splints. (Pg 12-21)

This requirement must be completed with your scoutmaster or advancement leader. They review many of the requirements you need for rank advancement. Your scoutmaster's signature below will indicate that you have demonstrated these skills and know how and when to use them.

Scoutmasters Signatures _____

- 2.) Explain why every skier should be prepared to tender first aid in the event of a skiing accident. (Pg 12-21)

- 3.) Explain the procedure used to report an accident to the local ski patrol for the area where you usually ski. (Pg 12 & 17).

- 4.) A. Tell the meaning of the "Your Responsibility Code" for skiers and snowboarders. Explain why you must follow this code. (Pg. 10)

B. Explain the Smart Style safety program. Tell why it is important and how it applies to skiers and snowboarders in terrain parks and pipes. (Pg. 13)

C. Explain the precautions pertaining to avalanche safety, including the responsibility of individuals regarding avalanche safety. (Pg. 12-13)

D. Tell the meaning of the Wilderness Use Policy. Explain why each skier and snowboarder must adopt this policy. (Pg. 11)

5.) A. Explain the international DIN standard and what does it means to skiers? (Pg 33).

B. Explain the American Teaching System and a basic snow skiing progression. (Pg 31, 36).

C. Name the major ski organizations in the United States and explain their functions. (Pg 31)

D. Discuss the five types of alpine skis. (Pg 32, 33)

E. Explain the importance of strength, endurance, and flexibility in downhill skiing. (Pg 24)

G. Explain how to ride two types of lifts beside chair. (Pg 25-26)

H. Explain the international trail-marking system. (Pg 27)